

Soup

Homemade Soup Of the Day €4.95

Served with homemade brown bread contains (W, E, M, Se)

Sandwiches

(add cup of soup or bowl of salad €2.50)

Ham, Cheddar & Red Onion Marmalade €7.50

Home baked ham, Irish mature cheddar and red onion marmalade on rustic sourdough or focaccia with dressed baby leaves.
contains (W, M, Sd)

Chicken and Bacon Wrap €7.90

Roast Irish chicken breast with pesto mayonnaise, sun-dried tomato and watercress
contains (W, E, N)

Roast Vegetable & Feta Focaccia €7.50

Roast mediterranean vegetables, feta cheese and toasted seeds on rustic sourdough or focaccia with dressed baby leaves.
contains (W, M, Se, S, Sd)



Lunch 12pm - 5pm

Fresh, Tasty, Seasonal

Produce sourced locally and from our polytunnel

***Burren Food Trail
Signature Dish:***

Savoury Scone €6.50

Spinach, cheddar, walnut & hazelnut scone served with Burren Gold Cheese, seaweed salad garnish and Sanctuary Café tomato relish
contains (W, M, E, N, S, MD) (trace P, Se, Sd)



Favourites

Wild Atlantic Fishcakes €11.50

Served with spiralized vegetable salad, brown bread, chili sauce and Sanctuary Café pickled cucumber
contains (M, W, E, Md, S Fh, Se, Sd)

Garlic & Herb Chicken Breast Burger 10.90

Chicken breast served in a soft bun with house coleslaw, tomato relish, pickled cucumber and a side of rustic potatoes
contains (W, E, S, MD, Se, Sd)

Irish Beef Lasagne €10.90

Served with a coleslaw salad and rustic potato wedges
contains (M, W, C, E)

Organic Kale & Roast Beetroot Salad €9.50

Served with honeyed walnuts, pink grapefruit, feta, toasted seeds and kombu dressing
contains (M, N) (trace P, Se, Sd)



Review the Sanctuary Café on Tripadvisor

ALLERGY ABBREVIATIONS:

M=MILK W=WHEAT E=EGGS N=NUTS MD=MUSTARD C=CELERY S=SOYA Se= SESAME Cr=CRUSTACEANS
P=PEANUTS Sd=SULPHUR DIOXIDE Fh=FISH

Breakfast 10am - 12pm

Organic Scrambled Eggs €6.90
Served with white toast or homemade brown bread
contains (W, M, E,)

Organic Poulataggle Omelette €8.95
Three egg omelette served with brown bread and
salad garnish,
Choice of ham, cheddar, spinach, tomato, onion
contains (W, M, E, S)

Eggs Benedict or Florentine €7.90
Two poached eggs nestled on sliced baked ham or
spinach, in hollandaise sauce with house white toast
contains (W, M, E)

Boiled Egg and Soldiers €4.50
contains (W, E)

Children's Portion €3.00



Cakes & Coffee Served all day

Tom Tom Coffee – see board for menu
Selection of Herbal Teas
Delicious range of fresh baked cakes daily

Sanctuary Berry or Fruit Scone €2.50
Served warm with butter, jam and cream

Fairy Cakes €1.50
Cake of the Day €4.25
Carrot Cake €4.25
Chocolate Brownies €3.80
Cookies €1.50



Children's Menu 12pm – 5pm

No fizz, No fry, all vegetables are hidden!

Soup of the day €3.00
contains (W, E, M, Se)

Pasta Plain / with Cheese €2.00 / €3.00
contains (W) (M)

Pasta with Homemade Pesto Sauce €3.50
contains (N)

Pasta with Homemade Tomato Sauce €3.50
Tomato sauce with hidden vegetables!
contains (C)

Pasta with Meatballs €4.50
In a hidden vegetable tomato sauce

*Pasta may contain traces of egg
Gluten free pasta available – (add €1)*

Pizza Margherita €6.00
8 inch stone baked tomato and cheese pizza
contains (W, M, C)



Ask about our Birthday Parties!

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